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Life is sweet

Why I love my suburb

Who are you? Rebecca Balkin Seidman. I am the owner and founder of Sweet Chick, an artisanal bakery and purveyor of fine foods based in Surry Hills.

Where do you live? I was born in Rose Bay and have lived in the area all my life. I would never leave (unless for work) as it is where my and my husband's families are.

What do you like most about living there? The proximity to the water.

What does a typical day look like? I'm up no later than 5am. On a good day I'll get to a pilates class on my way into work and then sit down to emails with a coffee. It's then straight into anything the day holds – meetings, co-ordinating the team, serving customers, receiving orders and general business admin. I'll aim to get home at 5-6pm, have dinner with my husband and then reply to any emails I missed. Then it's bed by 10pm.

Favourite local place for coffee? Perfection – best coffee in Rose Bay!

Favourite local restaurant? Fred's in Paddington if I'm feeling fancy or Fish Shop for a quick, casual dinner.

Favourite outdoor space in your area? Lady Martins Beach in Point Piper.

Where do you grab your bread/groceries? I get Sonoma bread and groceries from IGA in Rose Bay.



What is your suburb's best-kept secret? There's a tiny rock pool along the Hermitage Foreshore Walk, and when it's high tide it's one of our favourite places.

What is keeping you busy? Sweet Chick moved into a much larger space just before the festive season, one of our busiest times of the year. Now we're settling in and preparing for events such as Purim, while continuing to fulfil corporate orders and cater to our regulars and the local community.

What do you love about your suburb? Tell us at editorial@wentworthcourier.com.au

Above: Rebecca Balkin Seidman at Lady Martins Beach in Point Piper, a favourite place.
Below left: Perfection cafe, which Rebecca says makes the best coffee in Rose Bay.
Pictures: Julian Andrews

Rose Bay

Median house value
\$4.82M

12 month value growth
18%

Median asking rent
\$1175 (houses), \$675 (units)

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Your local club



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